

CRSA Association Membership List

Region 1

Ambitions of Washington
Legislative District: 3

Ambitions of Washington – Moses Lake
Legislative District: 13

Ambitions of Washington – Omak
Legislative District: 7

Ambitions of Washington – Wenatchee
Legislative District: 12

The Arc of Spokane
Legislative Districts: 3, 4, 5, 6

Grant County DD
dba Directions in Community Living
Legislative Districts: 12, 13

Merry Glen: A Family Cooperative
Legislative Districts: 3

Partners for Community Living
Legislative Districts:

Skills'kin Community Living Services
Legislative Districts: 5

Region 2

Ambitions of Washington
Legislative Districts: 13, 14

Ambitions of Washington
Legislative District: 8

Community Living – Corporate Office
Legislative Districts: 5, 13, 14, 15, 30, 31, 33, 41, 45, 47, 48

Community Living – Yakima Program
Legislative Districts: 13, 14

Community Living – Sunnyside Program
Legislative District: 15

Deaf Access Washington

Elmview Residential
Legislative District: 14

Tri-Cities Residential Services
Legislative Districts: 8, 9, 16

Valley Residential Services
Legislative District: 16

Region 3

Access Living, Inc.
Legislative Districts: 40, 42

Eagle's Nest AFH

Holly Community Services
Legislative District: 42

Puffin Island, LLC
Legislative District: 42

Quilceda Community Services
Legislative District: 10

Rehabco Skagit, Inc.
Legislative District: 20

Smithwright Services
Legislative District: 21

Soundview Association
Legislative District: 10, 40

Soundview Supported Living
Legislative District: 40

Sunrise Services, Inc.
Sunrise Community Living
Legislative Districts: 1, 10, 21, 38, 39

Region 4

Alpha Supported Living Services – Corporate
Legislative Districts: 32, 46

Alpha Supported Living Services – Alpha West

Alpha Supported Living Services – Alpha East
Legislative Districts: 5, 41, 45, 48, 1

Ambitions of Washington
Legislative Districts: 21, 32, 36, 41

The Arc of King County
Legislative Districts: 1, 30, 32, 33, 34, 36, 37, 41, 43, 46, 48

Banchemo Friends Services
Legislative District: 32

Centerpoint Services
Legislative District: 1

Community Living – Bellevue Program
Legislative Districts: 5, 41, 45, 48

Community Living – Kent Program
Legislative Districts: 31, 33, 47

Bethesda Lutheran Communities
Greenwood Home
Legislative District: 32

Inglewood Residential & Community Services
Legislative District: 1

Integrated Living Services
Legislative District: 47

L'Arche North Seattle
Legislative District: 43

Nellie Goodhue Group Homes, Inc.
Legislative Districts: 1, 43, 46

Parkview Services
Legislative District: 43

Premier Care Services

Provail
Legislative Districts: 11, 36, 37, 41, 47

ResCare Washington, Inc.
dba Creative Living Services Core Office
Districts: 1, 32, 36, 46

Tukwila Branch Office
Legislative Districts: 1, 11, 31, 33, 43, 46

Shared Journeys

S.O.L.A. - Region IV

Tahoma Hills

United Friends Group Homes
Legislative Districts: 32, 34

Region 5

Ambitions of Washington
Legislative Districts: 27, 28, 29

C.A.P.A.
Legislative District: 20

Communitas

Educational Programs in Home Living
Legislative District: 29

L'Arche Tahoma Hope Community

Options Unlimited, Inc.
Legislative District: 2/25

Puget Sound Assisted Living
Legislative District: 28

ResCare Washington, Inc.
dba Creative Living Services
Legislative Districts: 25, 29

Tahoma Associates
Legislative Districts: 25, 26, 27, 28, 29, 30

Valley Supported Living
Legislative District: 25

Region 6

Another Option

Arc of Clark County
Legislative Districts: 17, 18, 49

Brighton Enterprises, Inc.
Legislative District: 18

Cedar Apartments, Inc.
Legislative District: 19

Frichette Associates
Legislative District: 24

Harbor Alternate Living Association
Legislative District: 19

Homes for Community Living

Kimberly Group Home
Twin Harbors Group Home Association
Legislative District: 19

Life Works
Legislative District: 18, 19

Port Townsend Community Options, Inc.
Legislative District: 24

Relationship/Care N.W., Inc.
Legislative District: 49

Residential Opportunities & Activities
Representatives
Legislative Districts: 17, 18, 49

Supportive Options in Living Opportunities,
Inc.

VanCare, Inc.

Maintain the Safety Net for Vulnerable Adults



An alliance of service providers supporting people with developmental disabilities.

A Successful Road to Community Living for Matt



In August of 2009, Matt moved out of Fircrest, RHC in Shoreline, into his own apartment in Bothell, supported by Alpha Supported Living Services. His parents, who live just two miles away were overjoyed to have Matt closer to home. Matt is diagnosed with Joubert Syndrome, Bipolar Disorder, and Obsessive Compulsive Disorder. He went to Fircrest for short-term stabilization and ended up staying almost two years because there were no funding or appropriate supports available to him in the community. Everything changed when Matt became eligible for the **Roads to Community Living (RCL)** funding and DDD and his family found a supported living agency that was able to meet Matt's complex needs.

RCL is a federal, Center for Medicaid Services (CMS), project designed to help people with complex, long term care needs move back into the community. CMS provides an **enhanced federal match** of an additional 25% for all service dollars for the first year (typical 50% federal match increases to 75% federal match, reducing the state portion to only 25% for all service dollars). With RCL funding and highly skilled support staff Matt was able to successfully transition back into the community. Alpha Supported Living Services trained staff to meet Matt's unique communication and behavioral issues. DDD provided a start up grant for Matt to buy furnishings to set up his bachelor pad.

They were also able to provide a rent subsidy until he qualified for Section 8 housing.

Before moving to Fircrest, Matt had exhibited challenging and sometimes aggressive behaviors, and he had a "bad boy" reputation at school. When he came back this time around, Matt had more support. Matt spent last year building job skills, sign language, spelling, and cooking skills. He graduated in June with a new reputation: "the comeback

kid." It was clear that Matt had really matured, he was able to exceed everyone's expectations.

The quality of life that Matt currently enjoys is due to both the **RCL** funding that allows for his unique support needs to be met and the experienced and well trained direct support staff that make it possible for Matt to live in his own home and flourish as a contributing member of the community.

About Community Residential Services Association

- We advocate for improvements to Washington State's DD service delivery system.
- We inform and educate legislators regarding issues related to individuals with developmental disabilities and the residential providers who support them.
- We advocate for providers throughout the state on legislative, contractual and regulatory issues.
- We represent our membership in contract and regulatory (WAC) negotiations.
- We identify and problem-solve issues that affect residential care providers and their clients.
- We promote professional staff development through training and educational activities.
- We encourage innovation, creativity, and positive changes in the field.



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Maintain the Safety Net for Vulnerable Adults

What is the Community Protection Program?

The Community Protection Program is a voluntary specialized residential program that offers support and supervision for adults with developmental disabilities who have a history of sexual offending or other criminal behaviors such as arson or assault and have the propensity to reoffend without proper supervision.

Each person in the program has a treatment team consisting of a therapist, the DDD case manager, the residential provider and a day program/vocational provider who develop an individualized plan that is tailored to meet the person's treatment goals.

All staff working with people with community protection issues receives extensive training. The Community Protection Program has decreased the recidivism rate amongst its participants, and has decreased the number of people with developmental disabilities in the criminal justice system!

Highly trained and qualified direct support staff are key to this community safety success.



Preserve the Wages of Certified Residential Staff Who Maintain the Safety Net through an Extensive Array of Services

More extensive support and training is required by WAC and DDD Policy compared to Personal Care Workers. The following lists some of the differences.

Certified Service Provider State contracted benchmark wage \$9.48/hr*	PERSONAL CARE SERVICES Medicaid Personal Care wage \$10.04/hr
Surrogate family – fully responsible – up to 24 hours day	Primarily for personal care – may be total personal care up to 114 hours a week
ASSIST with transfers for non-ambulatory	ASSIST with transfers for non-ambulatory
TEACH dressing, toileting, personal hygiene skills to increase independence	ASSIST with personal hygiene tasks
TEACH cooking skills to increase independence	ASSIST with meal preparation
TEACH nutrition and shopping skills to increase independence and promote health	ASSIST with shopping
COORDINATE, attend, and monitor services from all medical & mental health professionals	ASSIST with travel to medical appointments
COORDINATE, attend, and monitor health services, supervise medications, Dr's orders	ASSIST with travel to mental health appointments
TEACH skills to be able to get around and socialize in the community	ASSIST with household care such as laundry
TEACH skills to be able to access everyday community service; banking, food bank etc..	0
TEACH skills to be able to independently manage daily activities and pursue personal goals	0
CREATE an environment where people are healthy and safe	0
CREATE an environment where people can exercise personal choice	0
TEACH more effective communication skills	0
DEVELOP and IMPLEMENT mental health service plans and positive behavior support interventions to deal with significant assault and behavioral challenges	0
Act in an ADVOCACY role on behalf of the person	0
COORDINATE & MONITOR services with employment providers so that people remain in the work force	0
COORDINATE & MONITOR family visits	0
TEACH money management, manage budgets	0
MANAGING SSI and income services	0

*Many providers subsidize with private funds, current average wage is \$10.01/hr

Quick facts:

- Over **10,000** workers provide certified residential services in every corner of the state.
- Annual turnover in this workforce exceeds 38% jeopardizing client health and welfare.
- The legislatively mandated benchmark allows a **starting wage of about \$9.48 per hour** for support workers after paying for L&I, health benefits, supervisors, taxes, etc.
- There are almost **3900 clients being served** in this program, with over **15 million hours** of service annually.
- Thousands more are waiting** for these services

The Washington State Institute for Public Policy says:

Not only is it more cost effective for people to live in community settings rather than state Institutions, people's quality of living is far better in the community!*

In 2008 the Washington State Legislature directed the Institute of Public Policy to:

"Conduct a review of research on service and support programs for children and adults with developmental disabilities...and an economic analysis of net program costs and benefits"

In October of 2009, findings were published. Of the 400 potentially relevant studies they reviewed, the authors chose only 53. Only studies that met their strict criteria for: replication of results within the study, carefully matched comparison groups, and various and not specific intellectual disability populations were included.

The results were clear. Adults living in community settings scored SIGNIFICANTLY BETTER on:

- Health
- Adaptive Behavior
- Quality of Life
- Cognitive Development
- Social Networks

Every study showed a COST SAVINGS FOR COMMUNITY VS. INSTITUTIONAL PLACEMENT. Costs savings ranged from 12% to 51% for community placements!

*Stephanie Lee and Marna Miller: (2009) Children and Adults with developmental disabilities. Services in Washington, research evidence. Olympia: Washington Institute for Public Policy Document No. 09-10-3901



Maximizing Medicaid Reimbursement

Support a provider tax and restore cuts to worker wages.

The Federal Medicaid program partially reimburses states for Medicaid approved services such as residential support for people who have developmental disabilities. If providers have their rates increased via a tax on services, this increased rate becomes the new basis for reimbursement. The increased Medicaid funds would be used to enhance services or restore 2009 cuts.

Here is an example of how reimbursement works:

Total Daily rate for individual A	\$250
Reimbursed by Medicaid Program/ Federal Government, 50% ...	\$125
Cost to state for services	\$125

Here is an example of how Medicaid reimbursement for residential services would work with a tax in place:

Base daily rate for individual A	\$250
Approximate Tax on daily rate: 5% example	\$12.50
Approximate New total daily rate	\$262.50
Approximate New Reimbursement from Medicaid:	\$131.25
New cost to state for services:	\$131.25
Net gain to state for enhanced Medicaid services:	\$6.25 per person

Multiplied by many people, this tax and reimbursement would generate almost \$9.2 Million dollars of revenue each year. Restoring the 2009 3% worker wage cut and bringing underfunded agencies up to state reimbursement standards would cost only \$4.7 Million.

Please support a provider tax so that Washington can obtain additional Federal Medicaid funding. Low wage workers and underfunded agencies desperately need their funding restored.